

# Running on Empty



## Wednesday, October 9, 2013

Board Meeting	8:30am-12:00pm
Lunch	12:00-1:00pm
Registration	12:30-1:00pm
General Session 1- Dr. Linda Burrs <u>Frankenstein, Meet Your Monster: Managing Generations in the Workplace</u> <i>This session will challenge each participant to not only explore their own basic generational needs but to explore the needs of others in the workplace based on sometimes contentious age differences.</i>	1:00-2:30pm
Breakout Session A-Emily Jasenski <u>Wellness/ Life Balance</u> <i>Use the power of energy to understand how to redirect our "flow", which results in a healthier work place, home, and most importantly a healthier body. Session includes partner work, light yoga stretching and breathing, as well as guided imagery.</i>	2:30-3:30pm
Team Building Group Activities <u>PLUS</u> Massage Therapist <u>Improve Your Engine Performance with L.A.B. (Life Activities Balanced) Fuel</u> <i>Learn how to start your refinery at the Six Rivers Service Station!</i>	3:30-6:00pm
Cookout/ Bonfire	6:30-10:00pm

## Thursday, October 10, 2013

Registration/ Breakfast	8:00-9:00am
General Session 2- Dr. Linda Burrs <u>Team Building</u>	9:00-10:30am
Vendors/ Silent Auction	10:30-11:30am
Breakout Session B- Susan Cornett <u>Positioning Yourself for Advancement</u> <i>Discuss the difference between a mentor and a sponsor, how to find a sponsor and how to maximize the benefits of a sponsor. Learn how to be a good sponsor and the benefits of acting as one.</i>	11:30am-12:30pm
Breakout Session C <u>Use of Glucose Meters in Critical Case Areas</u>	11:30am-12:30pm
Lunch	12:30-1:30pm
Vendors/ Silent Auction	1:30-2:30pm
Breakout Session D- Jannienne Jones Verse <u>Managing Your Brand</u> <i>Nike. Coca Cola. What comes to mind when you hear these names? Now, think about your "Brand!" Your "Brand" is the total experience others have with you. Learn about your brand strengths and areas of challenge.</i>	2:30-3:30pm

Six Rivers CLMA Presents:

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## Thursday, October 10, 2013 continued

Breakout Session E— Alan Collier

2:30-3:30pm

### Regulatory Updates

*Strategies for maintaining compliance with TJC, CAP, and VA Central Office Competency Assessment requirements for Point of Care Testing Operators.*

*What are the current regulations? How does one implement a coordinated program when the regulations are not 100% in agreement?*

General Session 3- Paul Labbe & Panel

3:30-4:30pm

### Status Report on Health Care & Laboratory Impact Moving Forward

*A status report on the current health care statistics in the U.S. in comparison with other countries, the influence the Affordable Care Act is having on health care coverage, and how these changes are impacting the clinical laboratory.*

## Vendors (as of 8/28/2013)

Becton Dickinson (BD)

South Bend Medical Foundation

Telcor

## Lodge Information

Deer Creek Lodge & Conference Center

22300 State Park Road 20

Mt Sterling, OH 43143

Phone: (740) 869-2020

For reservations please call 800-282-7275 and ask for the Six Rivers CLMA 2013 Conference rate. Discounted lodge room rates of \$83.00/night plus 7% sales tax and 6% bed tax are available until September 20th.

## Road Construction/ Alternative Routes

Cook-Yankeetown will be closed for bridge repairs in September and October. This is the main bridge that guests travel to come to the lodge if they are coming from Columbus, Dayton, Cincinnati or Cleveland.

Alternate routes:

- Coming from Interstate 71 north or south: take State Route 56. Turn right onto Clarks Run Road. Follow until it ends. Turn right onto Yankeetown Pike. The first left is the entrance to the Park.
- Coming from State Route 62: turn left at State Route 56. Turn right onto Clarks Run Road. Follow until it ends. Turn right onto Yankeetown Pike. The first left is the entrance to the Park.
- Coming from the south on State Route 207: Turn right onto Crownover Mill Rd. Cross the dam and continue up the hill. Turn left on top of the hill onto Deer Creek Road. Follow until it ends. Turn left onto Yankeetown Pike. The park entrance is ahead on the left.

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Name: \_\_\_\_\_

Title: \_\_\_\_\_

Facility: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Fax Number: \_\_\_\_\_ Email: \_\_\_\_\_

**SIX RIVERS CLMA FALL  
CONFERENCE  
OCTOBER 9-10, 2013**

Laboratory Professional Group Association Member: \_\_\_\_\_

CLMA ☐

AACC ☐

POC ☐

ASCLS ☐

Other ☐

Please circle which sessions you plan to attend:

Wed. Oct. 9th: Breakout A

Thurs. Oct. 10th: Breakout B OR Breakout C  
Breakout D OR Breakout E

	Member Fee	Non-Member Fee	Fill in Fees Below
Wednesday (1/2 day & Cookout)	\$30	\$35	_____
Thursday (Full day)	\$60	\$70	_____
Both days	\$75	\$100	_____

Please indicate if you have any dietary restrictions.

Please mail form and payment by October 2nd to:

Jenny Murray

ChildLab

700 Children's Drive

TX Building- 267

Columbus, OH 43205

Phone: (614)722-5331

Email: [jennifer.murray@childlab.com](mailto:jennifer.murray@childlab.com)

\*Please make all checks  
payable to Six Rivers CLMA .